# Mountain Weather Forecast

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 07 Oct 2022 until 23:59 on Saturday 08 Oct 2022

Forecast Issued on Friday 07 Oct 2022 at 02:49 by Met Office Aberdeen

**Confidence:** High for a cold, windy few days in the hills. Also high confidence for showery conditions with a band of more persistent rain crossing all ranges on Sunday.

**Headline for Friday 07 Oct 2022:** Bright spells. Blustery showers. Windy and feeling bitterly cold on the tops.

**Mountain weather hazards on Friday 07 Oct 2022**

**Blizzards**
No Likelihood

**Heavy persistent snow**
No Likelihood

**Storm force winds**
No Likelihood

**Gales**
Medium Likelihood

**Severe chill effect**
Medium Likelihood

**Poor visibility**
Low Likelihood

**Thunderstorms**
Low Likelihood

**Heavy persistent rain**
Low Likelihood

**Strong sunlight**
No Likelihood

| **Weather and chance of precipitation at 800m** | | | | | |
|---|---|---|---|---|---|
| Time | | | | | |
| 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 |
| | | | | | |
| Light rain showers (night) | Light rain showers | Heavy rain showers | Heavy rain showers | Light rain showers | Light rain showers (night) |
| Precipitation probability | | | | | |
| 50% | 50% | 50% | 50% | 40% | 40% |

**Forecast for Friday 07 Oct 2022**

**Weather:** A mixture of clear then sunny periods and blustery showers. The showers heavy at times with small risk of thunder and sleet mixed in over highest peaks. Fewer showers and brighter skies over hills in east such as Ben Wyvis.

**Chance of cloud-free hill tops above 800m:** 50% best in northeast.

**Low cloud and visibility:** Good visibility away from showers with occasional cloud, bases around 600 to 700m. Clouds will be extensive at times as showers come along with brief reductions to poor visibility.

Check our weather forecast every day to get the most accurate and up to date information
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# Met Office Mountain Weather Forecast

**Forecast for Friday 07 Oct 2022**

| Height (m) | Wind Speed mean/gusts (mph) Wind Direction (blowing from) | | | | | | |
|---|---|---|---|---|---|---|---|
| | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 41/48 SW | 31/39 SW | 29/37 SW | 25/32 SW | 29/36 W | 25/32 W | 24/31 W |
| **900** | 38/46 SW | 30/38 SW | 27/35 SW | 23/31 SW | 27/34 W | 24/31 W | 23/30 W |
| **600** | 25/32 SW | 22/30 SW | 20/28 SW | 18/24 SW | 18/26 W | 15/23 W | 14/22 W |
| **300** | 4/32 SW | 9/30 SW | 6/26 SW | 5/23 W | 5/23 W | 5/23 W | 5/22 W |
| **Glen** | 10/26 SW | 11/23 SW | 10/22 SW | 7/17 SW | 8/19 W | 7/18 W | 7/17 W |

| Height (m) | Temperature / Feels Like (°C) | | | | | | |
|---|---|---|---|---|---|---|---|
| | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 2/-7 | 1/-6 | 1/-6 | 1/-6 | 1/-6 | 2/-5 | 2/-5 |
| **900** | 2/-5 | 2/-5 | 2/-5 | 2/-4 | 2/-5 | 2/-4 | 2/-4 |
| **600** | 5/-1 | 5/-1 | 4/-1 | 4/-0 | 4/-1 | 5/0 | 5/0 |
| **300** | 7/6 | 8/5 | 7/5 | 7/6 | 6/5 | 7/5 | 7/5 |
| **Glen** | 10/7 | 10/8 | 10/8 | 10/8 | 9/7 | 9/8 | 9/7 |
| **Freezing Level*** | 1200m | 1200m | 1200m | 1200m | 1300m | 1200m | 1200m |

**Level above which ground is expected to be frozen/snow is expected to settle.*

**Met Office Aberdeen Meteorologist's View**
Very difficult walking conditions over higher ridges and summits due to combination of gales, showers, wintry on highest tops, and temperatures close to freezing.

**Forecast for Saturday 08 Oct 2022**
**Weather:** A drier and brighter day with fewer and lighter showers, mostly affecting hills close to West Coast. Staying cold and windy on the tops.

**Maximum wind:** Westerly winds with average speeds of 30mph on the tops with gusts 40 to 50mph.

**Chance of cloud-free hill tops above 800m:** 60% best in east of area.

**Low cloud and visibility:** Good visibility for much of the day with patches of cloud about 700m, again more extensive for a short time as showers pass by.

**Temperature:** **Glens:** Plus 6 Celsius rising to 12 Celsius.
**At 800m:** Plus 3 Celsius rising to Plus 5 Celsius.
**Freezing level:** 1200m lifting to 1500m.

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